

“Why Do You Doubt?”



Introduction

Doubt - a feeling of uncertainty or lack of conviction. When doubt creeps into our minds, we often lose focus on the task at hand. We begin to question our ability to succeed. But as Christians, Jesus implores us to remain faithful and to stay focused on him. Be of good cheer and don't let doubt overtake you.

Today's Lesson Objectives

- **Recall** the amazing story of the storm at sea followed by Jesus' appearance walking on the water
- **Repent** of failing to trust in God when caught up in a crisis
- **Develop** habits of trust that enable us to overcome our doubt about God's care

Scripture

Matthew 14:22-33 (KJV)

Devotional Reading:

Isaiah 38:16-20

About Today's Lesson...

After studying the first three lessons of this quarter, we have learned a lot about faith from the teachings of Jesus. In the first lesson, entitled “Why Do You Worry?”, Jesus admonishes us to “take no thought” for the things of daily life. Don't worry about tomorrow. God already knows what you need. “But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.” (Matthew 6:33, KJV). The second lesson of this quarter posited the question “Why Are You Afraid?”. We learned that people often lose confidence in the midst of life's storms. But it is during these very times that we can be assured that confident faith and hope in Jesus will see us through. So, why are ye fearful, O ye of little faith? And during lesson three of this quarter, we were reminded of the healing power of God. In the lesson “Healed by Faith”, Jesus' love and compassion is on full display as He brings to life a deceased child and cures a woman with an issue of blood - both cases being exemplary examples of the power of faith.

In today's lesson, “Why Do You Doubt?”, Jesus continues to speak to us about the need for Christians to exercise their faith. When we find ourselves sinking in troubled waters, we need to humble ourselves before God and refocus on the master of the sea. For as Jesus said, “...Be of good cheer; it is I; be not afraid”.

There is no doubt that faith in Jesus leads to victory.

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