

# Love Lesson 3

## Finding Value and Purpose in Self

1. From our last lesson, reflect on a particular passage or question that blessed you. Share why or how you were blessed.
  
  
  
  
  
  
  
  
  
  
2. Ephesians 3:17-19 encourages us to have power for what reason?
  
  
  
  
  
  
  
  
  
  
3. 1 Peter 5:7 gives us what reason to cast our cares upon Him?
  
  
  
  
  
  
  
  
  
  
4. Do you understand God's love? Or do you sometimes think you are all alone in the world? Or that God doesn't love you? Read Ephesians 3:16-21. Underline 5 phrases that give you hope or encouragement.

*I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge-that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen*

5. What do these verses say about Gods love for us?  
John 3:16

Ephesians 2:4-5

Romans 10:13

Psalm 36:5

Psalm 36:7

Psalm 86:15

Psalm 136:26

Jeremiah 29:11

Jeremiah 31:3

6. Will you now commit one of these verses to memory for positive encouragement later this week?

7. Read John 8:44. How can you resist Satan's lies about who you are?

8. Read Hebrew chapter 9 and 10 and give 2 ways in which you are to stand firm in who you are in Christ.

9. Read Ephesians 2 :8-9 and Romans 8:1-2 . In 15 words or less, explain how these verses encouraged you.

10. What does the 12<sup>th</sup> chapter of Romans reveal about your value in church?

11. Read Luke 15:11-20 and explain what the scripture reveals to you about your value to God.

12. How are we instructed through 2 Corinthians to accept our shortcomings?

**13. (personal\*)** *In your opinion, why is it still so hard to be transparent within our church?*

14. According to the following verses, why should we find our value and worth in God?

Samuel 15:29

Psalm 119:89-90

Isaiah 46:4

Isaiah 54:10

**15. (personal\*)** *How does Psalm 103:12 speak to your past?*

16. Read Jeremiah 31:3 and note specific ways that God has revealed to you His living-kindness.